

Item Name	Unit	Calories (Kcal)	Fat (g)	Saturated fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)	Potassium (mg)	Low Fat	Fat Free	Soy	Egg	Dairy	Peanut	Shellfish	Tree Nut	Wheat	Fish	Gluten
Applesauce -side	Serving	71	0	0.0	0.0	0.0	0	10	18	1.6	15	0	0	0	8	0	11	X									
Asparagus - side	Serving	383	379	42.1	7.5	0.0	0	1410	4	2.4	2	2	2357	6	27	2	229	X									
Baked Potato, side	Serving	316	4	0.4	0.1	0.0	0	34	72	7.5	4	9	34	33	51	4	1820	X									
Capellini side	Serving	68	27	3.0	0.1	0.0	0	570	10	2.3	8	2	0	0	2	0	0	X	X								
Cheesy Baked Hashbrowns	Serving	438	261	29.0	16.5	0.0	85	990	29	3.1	2	17	1107	7	399	2	322	X								X	
Cole Slaw- side	Serving	402	284	31.6	4.2	0.0	42	853	24	3.3	20	2	4443	40	50	1	260	X			X					X	
Corn - serving	Serving	77	72	8.0	5.1	0.0	22	190	1	0.0	1	0	291	0	1	0	1				X						
Cottage Cheese, side	Serving	90	14	1.5	1.0	0.0	10	460	6	0.0	4	13	200	0	100	0	180				X						
French Fries side Serving	Serving	478	206	22.9	0.7	0.0	0	956	63	5.4	4	5	16	0	0	2	783	X								X	
Fruit Cup	Serving	61	2	0.2	0.0	0.0	0	8	14	1.7	11	1	135	44	20	0	1315	X									
Garlic Bread	Serving	380	36	4.0	1.5	0.0	5	710	72	3.0	3	11	0	9	60	5	0	X	X	X			X			X	
Garlic Mashed Potato side	Serving	308	102	11.3	2.4	0.0	8	810	45	3.2	5	3	0	10	32	1	454	X			X						
Green Beans, side	Serving	69	25	2.8	1.5	0.0	8	176	7	0.1	0	2	68	0	3	0	11										
Macaroni & Cheese, LG	Serving	616	303	33.6	21.8	0.0	110	1353	46	2.3	8	29	1271	0	516	2	310	X	X	X			X			X	
Macaroni & Cheese, SM	Serving	336	165	18.3	11.9	0.0	60	738	25	1.3	4	16	693	0	282	1	169	X	X	X			X			X	
Meatballs, Dish of	Serving	617	380	42.2	4.5	0.0	98	1872	24	5.8	13	30	532	4	348	3	376		X	X							
Onion Rings- side	Serving	172	122	13.6	1.0	0.0	0	6	13	2.4	6	2	3	10	33	0	207	X					X			X	
Potato chips-serving	Serving	481	253	28.1	5.4	0.0	0	2482	50	4.7	0	5	0	6	0	1	945	X								X	
Rice Pilaf- serving	Serving	26	26	2.9	1.8	0.0	8	25	0	0.0	0	0	105	0	1	0	0										
Sweet Pot Fries - side	Serving	676	331	36.7	7.1	0.0	37	1083	83	9.1	38	5	368	15	134	1	83									X	
Sweet Potato, side	Serving	485	7	0.8	0.3	0.0	0	194	112	17.8	35	11	1035	106	205	4	2559										

All percentages represent US Reference Daily Intakes (RDI) for a 2000 Calories/day diet.

Fat Free is defined as having less than .5 grams of fat per serving. Low Fat is between .5 and 3 grams of fat per serving.

NUTRITIONAL INFORMATION

Nutritional information and values provided are estimates only. The nutritional values we provide are derived using an industry standard database but do not account for natural variability that occurs with our ingredients, variations that occur due to the hand-prepared nature of each item or variations that may occur due to substitutions that our guests request. Please understand that the Company makes no representation or warranty regarding the information regarding the nutritional information provided.