

Item Name	Unit	Calories (Kcal)	Fat (g)	Saturated fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Added Sug (g)	Vit D (mcg)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Soy	Egg	Dairy	Peanut	Shellfish	Tree Nut	Wheat	Fish	Gluten
Breaded Mushrooms,	Serving	540	14.0	0.0	0.0	10	2020	87	4.0	6	0	0	15	0	0	0				x		x			
Cheese Skins LG	Serving	1420	86.0	31.0	0.0	105	1570	117	14.0	28	0	0	40	142	13	1160	x	x							x
Cheese Skins, SM	Serving	730	48.0	17.0	0.0	70	760	59	7.0	14	0	0	19	449	6	580	x	x							x
Cheese Sticks	Serving	480	23.0	10.0	0.0	35	1540	47	4.0	10	0	0	19	98	1	0	x	x				x			x
Chicken Fingers, LG	Serving	1040	55.0	6.0	0.0	105	2380	83	3.0	26	0	0	60	0	0	0	x	x	x		x	x			x
Chicken Fingers, SM	Serving	560	29.0	3.0	0.0	60	1320	45	1.0	13	0	0	34	0	0	0	x	x			x	x			x
Crispy Shrimp	Serving	500	19.0	2.5	0.0	75	3820	67	5.0	36	0	0	17	49	11	0	x					x	x		x
Hummus	Serving	1010	46.0	5.0	0.0	0	2430	128	11.0	8	0	0	28	266	8	296									x
Italian Meatballs	Serving	480	33.0	5.0	0.0	80	1340	17	4.0	8	0	0	25	98	2	301	x	x				x			x
Italian Stuffed Peppers	Serving	670	47.0	21.0	0.0	140	1770	23	4.0	12	0	1	38	27	2	555		x							
Onion Rings	Serving	677	40.0	5.0	0.0	0	1035	71	3.0	9	3	0	6	10	4	80		x				x			x
Quesadilla, Chicken	Serving	868	56.0	28.0	0.0	225	2237	48	28.0	4	0	0	67	1153	2	440		x				x			x
Quesadilla, Cheese	Serving	738	53.0	27.0	0.0	160	1816	48	28.0	4	0	0	44	1048	1	415		x				x			x
Sliders	Serving	770	49.0	15.0	0.0	125	1440	44	4.0	6	0	0	33	34	4	854		x				x			x
Spinach & Artichoke	Serving	1510	55.0	26.0	0.0	120	3280	202	13.0	11	0	0	52	529	13	383		x				x			x
Spudniks	Serving	1370	118.0	45.0	0.0	195	1880	36	0.0	26	0	0	44	1215	0	120	x	x							x
Tex-Mex Egg Roll	Serving	420	20.0	9.0	0.0	60	1350	49	6.0	5	0	0	17	204	2	117	x	x				x			x
Wings Boneless, LG	Serving	1280	96.0	18.0	0.0	180	3730	61	2.0	4	0	0	43	45	0	295	x	x	x			x			x
Wings Boneless, SM	Serving	990	79.0	15.0	0.0	140	2780	41	less	4	0	0	30	23	0	147	x	x	x			x			x

All percentages represent US Reference Daily Intakes (RDI) for a 2000 Calories/day diet.

Fat Free is defined as having less than .5 grams of fat per serving. Low Fat is between .5 and 3 grams of fat per serving.

### **NUTRITIONAL INFORMATION**

Nutritional information and values provided are estimates only. The nutritional values we provide are derived using an industry standard database but do not account for natural variability that occurs with our ingredients, variations that occur due to the hand-prepared nature of each item or variations that may occur due to substitutions that our guests request. Please understand that the Company makes no representation or warranty regarding the information regarding the nutritional information provided.