

Item Name	Unit	Calories (Kcal)	Fat (g)	Saturated fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Added Sugar (g)	Vit D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)	Soy	Egg	Dairy	Peanut	Shellfish	Tree Nut	Wheat	Fish	Gluten
Breaded Mushrooms,	Serving	516	13.9	0.4	0.0	8	1894	82	4.0	6	14	0	0	0	0					x		x			
Cheese Skins LG	Serving	1417	85.8	30.7	0.0	105	1566	117	14.3	28	40	0	0	142	13	1160	x	x							x
Cheese Skins, SM	Serving	732	47.6	16.6	0.0	69	757	59	7.2	14	19	0	0	449	6	580	x	x							x
Cheese Sticks, LG	Serving	672	32.4	14.9	0.0	54	2016	63	3.8	10	28	0	0	145	1	0	x	x				x			x
Cheese Sticks, SM	Serving	478	22.7	10.0	0.0	36	1539	47	3.5	10	19	0	0	98	1	0	x	x				x			x
Chicken Fingers, LG	Serving	1043	54.8	6.3	0.0	104	2381	83	2.6	26	60	0	0	0	0	0	x	x			x	x			x
Chicken Fingers, SM	Serving	565	28.7	3.2	0.0	59	1316	45	1.5	13	34	0	0	0	0	0	x	x			x	x			x
Coconut Shrimp	Serving	677	43.9	15.0	0.0	119	835	55	4.5	23	19	0	0	40	15	193	x					x	x		x
Italian Meatballs	Serving	480	33.0	5.0	0.0	80	1344	17	4.0	8	25	0	0	98	2	301	x	x				x			x
Onion Rings	Serving	172	13.6	1.0	0.0	0	6	13	2.4	6	2	0	0	33	0	207	x					x			x
Spinach & Artichoke, LG	Serving	1506	54.8	25.7	0.0	122	3135	202	13.2	11	53	0	0	526	13	378		x				x			x
Spinach & Artichoke, SM	Serving	753	27.4	12.8	0.0	61	1567	101	6.6	6	26	0	0	263	7	189		x				x			x
Spudniks, LG	Serving	1368	117.6	44.9	0.0	197	1882	36	0.0	26	44	0	0	121	0	120	x	x							x
Spudniks, SM	Serving	830	71.8	28.5	0.0	128	1144	19	0.0	13	29	0	0	796	0	60	x	x							x
Tex-Mex Egg Roll, LG	Serving	737	35.0	16.8	0.0	137	2548	83	11.1	9	32	0	0	367	5	226	x	x				x			x
Tex-Mex Egg Roll, SM	Serving	491	23.4	11.2	0.0	91	1699	56	7.4	6	21	0	0	245	3	151	x	x				x			x
Wings Boneless, LG	Serving	1278	95.7	18.0	0.0	180	3734	61	1.8	4	43	0	0	45	0	295	x	x	x			x			x
Wings Boneless, SM	Serving	996	79.4	14.9	0.0	140	2777	41	0.9	4	30	0	0	23	0	147	x	x	x			x			x
Wings, LG	Serving	1770	141.9	34.4	0.0	387	3187	21	1.8	4	106	0	0	45	5	295	x					x			x
Wings, SM	Serving	1105	94.4	21.6	0.0	223	2048	12	0.9	4	54	0	0	23	3	147	x					x			x

All percentages represent US Reference Daily Intakes (RDI) for a 2000 Calories/day diet.

Fat Free is defined as having less than .5 grams of fat per serving. Low Fat is between .5 and 3 grams of fat per serving.

NUTRITIONAL INFORMATION

Nutritional information and values provided are estimates only. The nutritional values we provide are derived using an industry standard database but do not account for natural variability that occurs with our ingredients, variations that occur due to the hand-prepared nature of each item or variations that may occur due to substitutions that our guests request. Please understand that the Company makes no representation or warranty regarding the information regarding the nutritional information provided.