

Item Name	Unit	Calories (Kcal)	Fat (g)	Saturated fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Added Sug (g)	Vit D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)	Soy	Egg	Dairy	Peanut	Shellfish	Tree Nut	Wheat	Fish	Gluten
Baked Spaghetti	Serving	1105	68.3	36.3	0.0	190	3689	78	8.1	26	34	0	0	1485	2	95	x	x				x		x	
BBQ Baby Back Rib,	Serving	2314	115.0	41.9	0.0	375	3953	240	16.4	144	90	0	0	351	13	1823	x					x		x	
BBQ Chicken Breast	Serving	1147	40.1	19.3	0.0	233	2293	133	6.8	76	73	0	0	468	4	392	x	x				x		x	
Chicken Finger Dinner, LG	Serving	1280	50.6	6.1	0.0	112	2492	152	10.6	24	73	0	0	94	3	1216	x	x				x		x	
Chicken Finger Dinner, SM	Serving	1030	43.6	5.7	0.0	67	1737	128	9.5	24	47	0	0	94	3	1216	x					x		x	
Fish Dinner, Battered, LG	Serving	938	16.2	6.7	0.0	105	1243	114	9.3	22	34	0	0	94	3	1216	x	x	x			x	x	x	
Fish Dinner Battered, SM	Serving	1154	22.9	7.4	0.0	159	1243	132	10.7	25	54	0	0	94	3	1216	x	x	x			x	x	x	
Macaroni & Cheese, Dinner	Serving	880	36.3	22.6	0.0	113	1574	109	9.3	16	39	0	0	590	4	1524	x	x	x			x		x	
Mahi Mahi Blackened	Serving	526	6.2	1.8	0.0	136	1372	82	8.0	11	45	0	0	607	5	1216	x		x	x		x			
Mahi Mahi Orange Ginger	Serving	656	9.3	2.2	0.0	136	1369	109	8.8	35	49	0	0	607	74	1216	x	x	x	x		x		x	
Meatloaf Dinner	Serving	1204	45.4	18.0	0.0	184	2576	148	9.6	36	48	0	0	142	6	1265	x	x	x			x		x	
Monterey Chicken	Serving	1073	62.9	15.2	0.0	177	2567	75	8.9	13	67	0	0	310	4	1432	x	x	x			x		x	
Orange Ginger Chicken	Serving	783	14.5	3.2	0.0	150	1513	111	8.8	36	66	0	0	95	77	1216	x	x	x			x		x	
Pork Chop Dinner, Simply	Serving	879	35.7	12.7	0.0	156	1266	82	8.0	11	64	0	0	156	65	1216	x		x						
Pot Roast, Dinner	Serving	781	33.5	20.9	0.0	141	1560	90	8.0	11	44	0	0	94	10	1216	x		x						
Salmon Dinner	Serving	1018	48.6	8.8	0.0	113	1188	103	8.0	28	50	0	0	134	4	1216	x		x	x		x		x	
Seafood Combo Dinner	Serving	1387	35.6	8.8	0.0	146	4726	173	16.3	60	46	0	0	150	11	1250	x			x		x		x	
Shrimp Dinner	Serving	965	33.3	4.9	0.0	81	4236	150	13.3	47	31	0	0	143	15	1216	x				x		x		
Sirloin Steak Dinner	Serving	868	37.6	14.9	0.0	126	537	82	8.0	11	59	0	0	1001	8	1216	x		x			x	x	x	
Sirloin Steak Peppercorn	Serving	910	37.6	14.9	0.0	126	1434	92	8.0	11	59	0	0	1001	8	1216	x		x			x		x	
Sirloin Steak w/kent. Bourb	Serving	964	37.9	14.9	0.0	126	7869	103	8.0	28	59	0	0	1001	8	1217	x	x				x		x	
Spaghetti & Meatball	Serving	579	23.7	2.1	0.0	38	2437	80	9.8	27	21	0	0	138	4	153	x		x			x	x	x	
Strip Steak Dinner	Serving	1031	44.9	18.8	0.0	155	1463	92	8.0	11	70	0	0	207	29	1216	x		x			x	x	x	
Strip Steak Peppercorn	Serving	989	44.9	18.8	0.0	155	565	82	8.0	11	70	0	0	207	29	1216	x	x			x		x		
Strip Steak w/Kent. Bourb	Serving	1085	45.2	18.8	0.0	155	7898	103	8.0	28	71	0	0	207	29	1217	x		x			x		x	

All percentages represent US Reference Daily Intakes (RDI) for a 2000 Calories/day diet.

Fat Free is defined as having less than .5 grams of fat per serving. Low Fat is between .5 and 3 grams of fat per serving.

NUTRITIONAL INFORMATION

Nutritional information and values provided are estimates only. The nutritional values we provide are derived using an industry standard database but do not account for natural variability that occurs with our ingredients, variations that occur due to the hand-prepared nature of each item or variations that may occur due to substitutions that our guests request. Please understand that the Company makes no representation or warranty regarding the information regarding the nutritional information provided.