

Item Name	Unit	Calories (kcal)	Fat (g)	Saturated fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Added Sug (g)	Vit D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)	Soy	Egg	Dairy	Peanut	Shellfish	Tree Nut	Wheat	Fish	Gluten
Applesauce	Serving	71	0.0	0.0	0.0	0	10	18	1.6	15	0	0	0	8	0	11									
Asparagus	Serving	383	42.1	7.5	0.0	0	1410	4	2.4	2	2	0	0	27	2	229	X								
Baked Potato	Serving	316	0.4	0.1	0.0	0	34	72	7.5	4	9	0	0	51	4	1820									
Cheesy Baked Hashbrowns	Serving	438	29.0	16.5	0.0	85	990	29	3.1	2	17	0	0	399	2	322	X							X	
Cole Slaw	Serving	402	31.6	4.2	0.0	42	853	24	3.3	20	2	0	0	50	1	260	X		X					X	
Corn	Serving	77	8.0	5.1	0.0	22	190	1	0.0	1	0	0	0	1	0	1		X							
Cottage Cheese	Serving	90	1.5	1.0	0.0	10	460	6	0.0	4	13	0	0	100	0	180		X							
French Fries	Serving	478	22.9	0.7	0.0	0	956	63	5.4	4	5	0	0	0	2	783	X							X	
Fruit Cup	Serving	61	0.2	0.0	0.0	0	8	14	1.7	11	1	0	0	20	0	1315									
Garlic Bread	Serving	380	4.0	1.5	0.0	5	710	72	3.0	3	11	0	0	60	5	0	X	X				X		X	
Garlic Mashed Potato	Serving	308	11.3	2.4	0.0	8	810	45	3.2	5	3	0	0	32	1	454	X		X						
Green Beans	Serving	69	2.8	1.5	0.0	8	176	7	0.1	0	2	0	0	3	0	11									
Macaroni & Cheese	Serving	616	33.6	21.8	0.0	110	1353	46	2.3	8	29	0	0	516	2	310	X	X	X			X		X	
Potato chips	Serving	481	28.1	5.4	0.0	0	2482	50	4.7	0	5	0	0	0	1	945	X							X	
Rice Pilaf	Serving	140	3.2	1.8	0.0	8	486	26	0.6	0	3	0	0	19	0	0									
Sweet Potato Fries	Serving	676	36.7	7.1	0.0	37	1083	83	9.1	38	5	0	0	134	1	83								X	
Baked Sweet Potato	Serving	485	0.8	0.3	0.0	0	194	112	17.8	35	11	0	0	205	4	2559									

All percentages represent US Reference Daily Intakes (RDI) for a 2000 Calories/day diet.

Fat Free is defined as having less than .5 grams of fat per serving. Low Fat is between .5 and 3 grams of fat per serving.

NUTRITIONAL INFORMATION

Nutritional information and values provided are estimates only. The nutritional values we provide are derived using an industry standard database but do not account for natural variability that occurs with our ingredients, variations that occur due to the hand-prepared nature of each item or variations that may occur due to substitutions that our guests request. Please understand that the Company makes no representation or warranty regarding the information regarding the nutritional information provided.